

FADING GUERNSEY COWL

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GUERNSEY COWL

A top-down bandana-style cowl knit entirely in the round, with added shawl-like shaping to create a point. The simple bands of texture are used to showcase a slow and subtle gradient.

Gauge

21 sts = 10 cm/4" in Garter Rib Stitch, unblocked.

19 sts and 32 rounds = 10cm/4" in Garter Rib Stitch, blocked.

Unblocked gauge given, so you can check as you knit.

Measurements

55.8 cm/22" Circumference by 35.5 cm/14" Height at Front

Materials

Simcoe Worsted by The Blue Brick

80% Superwash Merino Wool, 10% Cashmere, 10% Nylon

165 g (5.82 oz) = 275 metres (300 yards)

Shown In: Midnight Runner, from the Off-Road Collection

Before You Begin

Note that whichever end of the gradient you start with, this colour will be next to the face.

Needles

4.0mm (US 6) / 60cm (24") circular needle

Tip: if using interchangeable needles, set them up so that the left tip is a 3.5mm, and the right tip is the 4.0mm. This makes pushing stitches up into your left needle much easier when knitting in the round.

Notions

Tapestry Needle for weaving in ends

Two stitch markers, style of your choice

Note About Substituting Yarns

This pattern used almost the entire yardage of the ball. If substituting another yarn, it should be a Worsted weight yarn that drapes well, with a suggested gauge of 20 sts = 4"/10cm.

It would also look fantastic in a semi-solid or tonal yarn.

Abbreviations

K Knit

P Purl

BO Bind off

Inc Increase(ed)

M1L Make One Left; Pick up the bar between the stitch that was just knit and the one that is about to be knit, bringing the needle from front to back. Insert the tip of the right needle knit-wise into the back leg of the strand and knit as usual.

M1R Make One Right; Pick up the bar between the stitch that was just knit and the one that is about to be knit, bringing the needle from back to front. Insert the tip of the right needle knit-wise into the front leg of the strand and knit as usual.

Pm Place a stitch marker

Rm Remove the stitch marker

Sm Slip the stitch marker

St(s) Stitch(es)

Techniques

Binding Off In Pattern When binding off in pattern, work the stitches as they appear. Knit any knit stitches, and purl and purl stitches.

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Instructions

Measure out a 75" (190 cm) tail.

Using Long-Tail method, cast on 116 sts.

Place BOR marker, and join to work in the round being careful not to twist your cast on sts.

Section 1 - Neck

Garter Rib

R1: (K2, P2) to end of round.

R2: Knit to end of round.

R3 - R16: Repeat R1 - R2, seven more times.

Note: On the next round a second marker is added to the needles, and these two sts form the centre front.

R17: K2, pm, purl to end of round.

R18: K2, sm, knit to end of round.

R19 - R20: Repeat R17 - R18, once more.

Double Moss Stitch

R21: K2, sm, (P1, K1) to end of round.

R22: Repeat R21.

R23: K2, sm, (K1, P1) to end of round.

R24: Repeat R23.

R25 - R36: Repeat R21 - R24, three more times.

R37: K2, sm, purl to end of round.

R38: K2, sm, knit to end of round.

R39 - R40: Repeat R37 - R38, once more.

Little Blocks

R41: K2, sm, P2, (K2, P2) to end of round.

R42: Repeat R41.

R43: K2, sm, K2, (P2, K2) to end of round.

R44: Repeat R43.

R45 - R56: Repeat R41 - R44, three more times.

R57: K2, sm, purl to end of round.

R58: K2, sm, knit to end of round.

R59 - R60: Repeat R57 - R58, once more.

Section 2 - Chest Increases

Ridged Ribbing

R61: K2, sm, M1L, (P1, K1) to end of round, M1R. (118 sts)

R62: K2, sm, (K1, P1) to end of round.

R63: K2, sm, M1L, knit to end of round, M1R. (120 sts)

R64: K2, sm, purl to end of round.

R65 - R76: Repeat R61 - R64, three more times. (132 sts)

R77: K2, sm, M1L, knit to end of round, M1R. (134 sts)

R78: K2, sm, purl to end of round.

Windowpane Stitch

R79: K2, sm, M1L, knit to end of round, M1R. (136 sts)

R80: K2, sm, knit to end of round.

R81: K2, sm, M1L, P2, (K2, P2) to end of round, M1R. (138 sts)

R82: K2, sm, K1, P2, (K2, P2) to last st, K1.

R83: K2, sm, M1L, knit to end of round, M1R. (140 sts)

R84: K2, sm, knit to end of round.

R85: K2, sm, M1L, K2, (P2, K2) to end of round, M1R. (142 sts)

R86: K2, sm, P1, K2, (P2, K2) to last st, P1.

R87: K2, sm, M1L, knit to end of round, M1R. (144 sts)

R88: K2, sm, knit to end of round.

R89: K2, sm, M1L, P2, (K2, P2) to end of round, M1R. (146 sts)

R90: K2, sm, K1, P2, (K2, P2) to last st, K1.

R91: K2, sm, M1L, knit to end of round, M1R. (148 sts)

R92: K2, sm, purl to end of round.

R93 - R94: Repeat R91 - R92, once more. (150 sts)

At this point, for the sample 22 grams of yarn remained.

Each Pair of rounds in the following section will consume approximately 4.5 grams of yarn. It is recommended to weigh the yarn, and omit rounds 101-102 if the yarn weighs less at this point, to avoid running out of yarn while binding off.

Garter Rib

R95: K2, sm, M1L, knit to end of round, M1R. (152 sts)

R96: K2, sm, P2, (K2, P2) to end of round.

R97: K2, sm, M1L, knit to end of round, M1R. (154 sts)

R98: K2, sm, K1, P2, (K2, P2) to last st, K1.

R99: K2, sm, M1L, knit to end of round, M1R. (156 sts)

R100: K2, sm, K2, (P2, K2) to end of round.

R101: K2, sm, M1L, knit to end of round, M1R. (158 sts)

R102: K2, sm, P1, K2, (P2, K2) to last st, P1.

Bind off loosely in pattern, knitting any knit sts, and purling any purl sts as they appear.

Weave in all ends, and wet block, laying cowl flat to dry with point shaped at centre front. For the sample, when blocking, it was lightly stretched lengthwise.

